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Domain Name - yogaplanet.jp

WhoIs Information	Moz information
Registered : No	Subdomain normalized: 2.794978619
Domain age: 0 Years 0 Months 0 Days	Subdomain raw : 0.2794978619
Tech email:	Url normalized : 4.599999905
Name servers :	Url raw: 0.4600000083
Created at :	Http status code: 403
Changed at:	Domain authority: 28
Expire at :	Page authority: 46
Registrant name :	External quality link: 196
Admin name :	Links : 206
Registrant country : X	
Admin country : ×	Link information
Registrant phone :	Backlink count: 196
Admin phone :	Total link count : 206

Mozrank: 4.599999905



Mobile Friendly Check

Performance: 81.3

Emulated Form Factor Mobile

Locale En-US

Category Performance

Field Data

Over the last 30 days, the field data shows that this page has an **Moderate** speed compared to other pages in the Chrome User Experience Report. We are showing The 75th percentile of FCP and The 95th percentile of FID

First Contentful Paint (FCP)

Metric Category

First Input Delay (FID)

Metric Category

Overall Category



Origin Summary

All pages served from this origin have a **Slow** speed compared to other pages in the Chrome User Experience Report Over the last 30 days. To view suggestions tailored to each page, analyze individual page URLs.

First Contentful Paint (FCP)

Metric Category

First Input Delay (FID)

Metric Category

Overall Category

Lab Data

First Contentful Paint

First Contentful Paint marks the time at which the first text or image is painted. Learn more

2.9 s

First Meaningful Paint

First Meaningful Paint measures when the primary content of a page is visible. Learn more

3.0 s

Speed Index

Speed Index shows how quickly the contents of a page are visibly populated. Learn more

5.1 s

First CPU Idle

First CPU Idle marks the first time at which the page's main thread is quiet enough to handle input. Learn more

3.0 s

Time to Interactive

Time to interactive is the amount of time it takes for the page to become fully interactive. Learn more

3.3 s

Max Potential First Input Delay

The maximum potential First Input Delay that your users could experience is the duration, in milliseconds, of the longest task.

Learn more

120 ms

Audit Data

Keep request counts low and transfer sizes small

To set budgets for the quantity and size of page resources, add a budget, json file. Learn More

Eliminate render-blocking resources

Resources are blocking the first paint of your page. Consider delivering critical JS/CSS inline and deferring all non-critical JS/styles. **Learn More**

Potential savings of 1,790 ms

Efficiently encode images

Optimized images load faster and consume less cellular data. Learn More

Enable text compression

Text-based resources should be served with compression (gzip, deflate or brotli) to minimize total network bytes. **Learn**More

Potential savings of 155 KiB

Serve static assets with an efficient cache policy

A long cache lifetime can speed up repeat visits to your page. Learn More

28 resources found

Reduce the impact of third-party code

Third-party code can significantly impact load performance. Limit the number of redundant third-party providers and try to load third-party code after your page has primarily finished loading. **Learn More**

Third-party code blocked the main thread for 450 ms

Network Round Trip Times

Network round trip times (RTT) have a large impact on performance. If the RTT to an origin is high, it's an indication that servers closer to the user could improve performance. **Learn More**

0 ms

Estimated Input Latency

Estimated Input Latency is an estimate of how long your app takes to respond to user input, in milliseconds, during the busiest 5s window of page load. If your latency is higher than 50 ms, users may perceive your app as laggy. **Learn More**

10 ms

First Contentful Paint (3G)

First Contentful Paint 3G marks the time at which the first text or image is painted while on a 3G network. **Learn More**6135 ms

Total Blocking Time

Sum of all time periods between FCP and Time to Interactive, when task length exceeded 50ms, expressed in milliseconds.

JavaScript execution time

Consider reducing the time spent parsing, compiling, and executing JS. You may find delivering smaller JS payloads helps with this. **Learn More**

 $0.1 \, s$

Defer offscreen images

Consider lazy-loading offscreen and hidden images after all critical resources have finished loading to lower time to interactive. **Learn More**

Server Backend Latencies

Server latencies can impact web performance. If the server latency of an origin is high, it's an indication the server is overloaded or has poor backend performance. **Learn More**

 $0 \, \mathrm{ms}$

Properly size images

Serve images that are appropriately-sized to save cellular data and improve load time. Learn More

Remove unused CSS

Remove dead rules from stylesheets and defer the loading of CSS not used for above-the-fold content to reduce unnecessary bytes consumed by network activity. **Learn More**

Potential savings of 139 KiB

Avoids enormous network payloads

Large network payloads cost users real money and are highly correlated with long load times. Learn More

Total size was 477 KiB

Minimizes main-thread work

Consider reducing the time spent parsing, compiling and executing JS. You may find delivering smaller JS payloads helps with this. **Learn More**

1.8 s

Serve images in next-gen formats

Image formats like JPEG 2000, JPEG XR, and WebP often provide better compression than PNG or JPEG, which means faster downloads and less data consumption. **Learn More**

Potential savings of 73 KiB

Avoid chaining critical requests

The Critical Request Chains below show you what resources are loaded with a high priority. Consider reducing the length of chains, reducing the download size of resources, or deferring the download of unnecessary resources to improve page load.

Learn More

5 chains found

Avoids enormous network payloads

A large DOM will increase memory usage, cause longer ${\bf Learn\ More}$

306 elements

Avoid multiple page redirects

Redirects introduce additional delays before the page can be loaded. Learn More

Minify JavaScript

Minifying JavaScript files can reduce payload sizes and script parse time. Learn More

User Timing marks and measures

Consider instrumenting your app with the User Timing API to measure your app's real-world performance during key user experiences. **Learn More**

IP Information	Malware Scan Info
ISP: AS7684 SAKURA Internet Inc.	Google safe browser norton : Safe
Ip : 153.127.200.207	Norton : safe
Country: JAPAN	
City: Tokyo	
Region : Tokyo	Search Engine Index Info
Timezone : Asia/Tokyo	Google index : 1
Latitude : 35.6895	Bing index : 1
Longitude : 139.6917	Yahoo index : 0
Sites in Same IP	Related Websites

1.

1. yogaplanet.jp

2. copaincopine.jp

Social Network Information - yogaplanet.jp

Social Network Information

Facebook share: 0 Pinterest Info: 0

Facebook comment: 0 Xing Info: 0

Facebook like: 0 Buffer Info: 0

 $\textbf{Reddit Score}: 0 \\ \textbf{Reddit Ups}: 0$

Reddit downs: 0

Keyword & Meta Information - yogaplanet.jp

TITLE & METATAGS

Title

Viewport

width=device-width, initial-scale=1.0, minimum-scale=1.0, maximum-scale=1.0, user-scalable=no

Keywords

Description

Blocked by robots.txt : No

Blocked by meta-robots: No

Links nofollowed by meta-robots: No

Total keywords: 17

Html headings

H1(1)

H2(1)
1. 0000000000
H3(4)
1. 00000000
2. 0000000000
3. 000000000000000000000000000000000000
4. 0000000000
H4(8)
1. 000000000000000000000000000000000000
2. 000000000000000000000000000000000000
3. 000000000000000000000000000000000000
4. 000000
5. [
6. 0000
7. 000
8. 000
H5(1)
1. 000000000000000000000000000000000000
Пе(0)
H6(0) No h6 tag found

KEYWORD ANALYSIS

== Single word keywords ==			
SINGLE KEYWORDS	OCCURRENCES	DENSITY	POSSIBLE SPAM
	3	17.647 %	No
	2	11.765 %	No
000000	2	11.765 %	No
	2	11.765 %	No
000000	2	11.765 %	No
	1	5.882 %	No
	1	5.882 %	No
	1	5.882 %	No
	1	5.882 %	No
	1	5.882 %	No
	1	5.882 %	No
	1	5.882 %	No
	1	5.882 %	No
	1	5.882 %	No
	1	5.882 %	No
	1	5.882 %	No
	1	5.882 %	No
	1	5.882 %	No
	1	5.882 %	No
	1	5.882 %	No

2 WORD PHRASES	OCCURRENCES	DENSITY	POSSIBLE SPAM
000000 00	2	11.765 %	No
	2	11.765 %	No
18 290700	2	11.765 %	No
12 212040_	2	11.765 %	No
	2	11.765 %	No
	2	11.765 %	No
6 114000	2	11.765 %	No
274100	1	5.882 %	No
290700 274100	1	5.882 %	No
	1	5.882 %	No
202900 0009140000	1	5.882 %	No
212040 202900	1	5.882 %	No
	1	5.882 %	No
106300 0007700000	1	5.882 %	No
114000 106300	1	5.882 %	No
00000000000000000000000000000000000000	1	5.882 %	No
	1	5.882 %	No
	1	5.882 %	No
	1	5.882 %	No
	1	5.882 %	No

== Three words keywords ==			
3 WORD PHRASES	OCCURRENCES	DENSITY	POSSIBLE SPAM
	2	11.765 %	No
	2	11.765 %	No
	2	11.765 %	No
	2	11.765 %	No
106300	1	5.882 %	No
	1	5.882 %	No
	1	5.882 %	No
274100	1	5.882 %	No

3 WORD PHRASES	OCCURRENCES	DENSITY	POSSIBLE SPAM
290700 274100 00016600	1	5.882 %	No
18	1	5.882 %	No
	1	5.882 %	No
202900	1	5.882 %	No
212040 202900	1	5.882 %	No
12000 212040 202900	1	5.882 %	No
	1	5.882 %	No
00000000000000000000000000000000000000	1	5.882 %	No
114000 106300 0007700000	1	5.882 %	No
6 114000 106300	1	5.882 %	No
6 114000 95482	1	5.882 %	No
	1	5.882 %	No

== Four words keywords ==				
4 WORD PHRASES	OCCURRENCES	DENSITY	POSSIBLE SPAM	
0000 0000000 0000000 00	2	11.765 %	No	
0000000 0000000 00 60000	2	11.765 %	No	
	2	11.765 %	No	
00000000000000000000000000000000000000	1	5.882 %	No	
[][][][][][][][][][][][][][][][][][][]	1	5.882 %	No	
	1	5.882 %	No	
	1	5.882 %	No	
	1	5.882 %	No	
2741000 0000166000000 00000 00000000000000	1	5.882 %	No	
2907000 2741000 0000166000000 00000	1	5.882 %	No	
18000 290700 274100 00016600000	1	5.882 %	No	
	1	5.882 %	No	
2029000 000091400000 180000 2907000	1	5.882 %	No	
2120400 2029000 000091400000 180000	1	5.882 %	No	
12000 212040 202900 0009140000	1	5.882 %	No	
6000 114000 106300 000770000	1	5.882 %	No	
1063000 000077000000 120000 2120400	1	5.882 %	No	
1140000 1063000 00077000000 120000	1	5.882 %	No	
60000 1140000 954820 0000185180000	1	5.882 %	No	
[] 6[] 114000 106300 [1	5.882 %	No	

Alexa Information - yogaplanet.jp

General information		
Domain name : yogaplanet.jp	Global Rank : No data	
Daily Time on Site : No data	Search Traffic : No data	
Bounce Rate : No data	Total sites link in: 378	

Top 5 similar sites by audience overlap			
Sl	Similar sites	Overlap score	
No data found!			

	Top 5 keywords by traffic		
Keywords	Search Traffic	Share of voice	
No data found!			

Top 4 keyword gaps				
Keywords driving traffic to competitors, but not to this site Avg. traffic to competitors Search popularity				
No data found!				

Top 4 easy-to-rank keywords		
Popular keywords within this site's competitive power	Relevance to this site	Search popularity
No data found!		

Top 4 buyer keywords		
Keywords that show a high purchase intent	Avg. traffic to competitors	Organic competition
No data found!		

Top 4 optimization opportunities

Very popular keywords already driving some traffic to this site	Search popularity	Organic share of voice
No data fou:	nd!	

Top 5 referral sites	
Sites by how many other sites drive traffic to them	Referral sites
No data found!	

Site flow	
Visited just before & right after domain	Visited just before & right after domain percentage
No data found!	

Top 5 audience overlap		
Similar sites to this site	Site's overlap score	Alexa rank
No data found!		

Top 3 audience geography	
Visitors by country	Visitors by country percentage
No data found!	