Domain Name - sriyogi.com

WhoIs Information

Registered : No

Domain age : 6 Years 2 Months 9 Days

Tech email : pw-1f9b452cb208e132548af4a79cdfe6c8@privacyguardian.org

Name servers : ns2.hawkhost.com

Created at : 10-Feb-2019

Changed at : 23-Jan-2021

Expire at : 10-Feb-2022

Registrant name : Domain Administrator

Admin name : Domain Administrator

Registrant country : 🇺🇸 US

Admin country : 🇺🇸 US

Registrant phone : +1.3478717726

Admin phone : +1.3478717726

Moz information

Subdomain normalized : 0.01279999968

Subdomain raw : 0.001279999968

Url normalized : 3.099999905

Url raw : 0.3100000024

Http status code : 200

Domain authority : 20

Page authority : 31

External quality link : 1455

Links : 3521

Link information

Backlink count : 1,455

Total link count : 3,521

Mozrank : 3.099999905

Tips & Health Benefits

Health Articles

The Beginner's Guide to

February 23, 2021 admin

Tips on Choosing the Best Chemical Process Operator Services Y matter is an issue that must be handled well. With no care chance of making mistake are high. Sometimes mistakes made at the time of handling this matter could be fatal. Most people have the desire of having the matter handled to the perfection. There […]

Posted in Business Products & Services

The Essential Laws of Explained

February 23, 2021 admin

Why you should hire the best kayaks for sale services

There are a lot of ways in which you get to benefit from simply hiring the right person for the job and this piece of writing seeks to educate people on some of them.

The first thing is the fact that you will get to save on time. There are majorly two reasons that would

Categories

- Advertising & Marketing
- Arts & Entertainment
- Auto & Motor
- Business Products & Services
- Clothing & Fashion
- Employment
- Financial
- Foods & Culinary
- Gambling
- Health
- Health & Fitness
- Health Care & Medical
- Home Products & Services
- Internet Services
- Legal
- Personal Product & Services
- Pets & Animals
- Real Estate
- Relationships

Mobile Friendly Check

Performance : 91.81

Emulated Form Factor	**Mobile**
Locale	**En-US**
Category	**Performance**

Field Data

Over the last 30 days, the field data shows that this page has an **Moderate** speed compared to other pages in the Chrome User Experience Report. **We are showing The 75th percentile of FCP and The 95th percentile of FID**
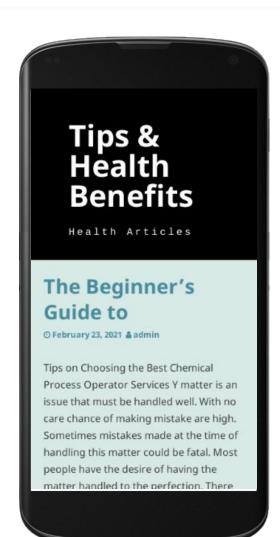
First Contentful Paint (FCP)

Metric Category

First Input Delay (FID)

Metric Category

Overall Category

Origin Summary

All pages served from this origin have a **Slow** speed compared to other pages in the Chrome User Experience Report Over

the last 30 days.To view suggestions tailored to each page, analyze individual page URLs.

First Contentful Paint (FCP)

Metric Category

First Input Delay (FID)

Metric Category

Overall Category

First Contentful Paint

First Contentful Paint marks the time at which the first text or image is painted. **Learn more**

2.5 s

First Meaningful Paint

First Meaningful Paint measures when the primary content of a page is visible. **Learn more**

2.8 s

Speed Index

Speed Index shows how quickly the contents of a page are visibly populated. **Learn more**

3.1 s

First CPU Idle

First CPU Idle marks the first time at which the page`s main thread is quiet enough to handle input. **Learn more**

2.8 s

Time to Interactive

Time to interactive is the amount of time it takes for the page to become fully interactive. **Learn more**

3.3 s

Max Potential First Input Delay

The maximum potential First Input Delay that your users could experience is the duration, in milliseconds, of the longest task. **Learn more**

100 ms

Keep request counts low and transfer sizes small

To set budgets for the quantity and size of page resources, add a budget.json file. **Learn More**

27 requests • 1,333 KiB

Eliminate render-blocking resources

Resources are blocking the first paint of your page. Consider delivering critical JS/CSS inline and deferring all non-critical JS/styles. **Learn More**

Potential savings of 1,390 ms

Efficiently encode images

Optimized images load faster and consume less cellular data. **Learn More**

Enable text compression

Text-based resources should be served with compression (gzip, deflate or brotli) to minimize total network bytes. **Learn More**

Serve static assets with an efficient cache policy

A long cache lifetime can speed up repeat visits to your page. **Learn More**

13 resources found

Minimize third-party usage

Third-party code can significantly impact load performance. Limit the number of redundant third-party providers and try to load third-party code after your page has primarily finished loading. **Learn More**

Third-party code blocked the main thread for 0 ms

Network Round Trip Times

Network round trip times (RTT) have a large impact on performance. If the RTT to an origin is high, it's an indication that servers closer to the user could improve performance. **Learn More**

0 ms

Estimated Input Latency

Estimated Input Latency is an estimate of how long your app takes to respond to user input, in milliseconds, during the busiest 5s window of page load. If your latency is higher than 50 ms, users may perceive your app as laggy. **Learn More**

10 ms

First Contentful Paint (3G)

First Contentful Paint 3G marks the time at which the first text or image is painted while on a 3G network. **Learn More**

4890 ms

Total Blocking Time

Sum of all time periods between FCP and Time to Interactive, when task length exceeded 50ms, expressed in milliseconds.

30 ms

JavaScript execution time

Consider reducing the time spent parsing, compiling, and executing JS. You may find delivering smaller JS payloads helps with this. **Learn More**

0.3 s

Defer offscreen images

Consider lazy-loading offscreen and hidden images after all critical resources have finished loading to lower time to interactive. **Learn More**

Potential savings of 93 KiB

Server Backend Latencies

Server latencies can impact web performance. If the server latency of an origin is high, it's an indication the server is overloaded or has poor backend performance. **Learn More**

0 ms

Properly size images

Serve images that are appropriately-sized to save cellular data and improve load time. **Learn More**

Potential savings of 655 KiB

Remove unused CSS

Remove dead rules from stylesheets and defer the loading of CSS not used for above-the-fold content to reduce unnecessary bytes consumed by network activity. **Learn More**

Avoids enormous network payloads

Large network payloads cost users real money and are highly correlated with long load times. **Learn More**

Total size was 1,333 KiB

Minimizes main-thread work

Consider reducing the time spent parsing, compiling and executing JS. You may find delivering smaller JS payloads helps with this. **Learn More**

1.2 s

Serve images in next-gen formats

Image formats like JPEG 2000, JPEG XR, and WebP often provide better compression than PNG or JPEG, which means faster downloads and less data consumption. **Learn More**

Potential savings of 282 KiB

Avoid chaining critical requests

The Critical Request Chains below show you what resources are loaded with a high priority. Consider reducing the length of chains, reducing the download size of resources, or deferring the download of unnecessary resources to improve page load. **Learn More**

Avoids enormous network payloads

A large DOM will increase memory usage, cause longer **Learn More**

368 elements

Avoid multiple page redirects

Redirects introduce additional delays before the page can be loaded. **Learn More**

Minify JavaScript

Minifying JavaScript files can reduce payload sizes and script parse time. **Learn More**

User Timing marks and measures

Consider instrumenting your app with the User Timing API to measure your app's real-world performance during key user experiences. **Learn More**

IP Information
ISP : AS20068 Hawk Host Inc.
Ip : 198.252.102.181
Country : 🇨🇦 CANADA
City : Shelburne
Region : Ontario
Timezone : America/Toronto
Latitude : 43.7001
Longitude : -80.3664

Malware Scan Info
Google safe browser norton : Safe
Norton : untested

Search Engine Index Info
Google index : 10
Bing index : 14
Yahoo index : 12

Sites in Same IP
1. shreyadixit.org
2. nickstasteoftexas.com

Related Websites
1.

Social Network Information - sriyogi.com

Social Network Information	
Facebook share : 0	**Pinterest Info :** 0
Facebook comment : 0	**Xing Info :** 0
Facebook like : 0	**Buffer Info :** 0
Reddit Score : 0	**Reddit Ups :** 0
Reddit downs : 0	

Keyword & Meta Information - sriyogi.com

TITLE & METATAGS
Title   Tips & Health Benefits – Health Articles
Viewport   width=device-width, initial-scale=1
Generator   WordPress 5.1.8

Blocked by robots.txt : No	**Blocked by meta-robots :** No
Links nofollowed by meta-robots : No	**Total keywords :** 4738

Html headings

H1(15)
1. Tips & Health Benefits
2. The Beginner's Guide to
3. The Essential Laws of Explained
4. The 4 Most Unanswered Questions about
5. Lessons Learned from Years with
6. Why not learn more about ?
7. 6 Facts About Everyone Thinks Are True
8. What Research About Can Teach You
9. Getting Creative With Advice
10. A Beginners Guide To
11. How I Achieved Maximum Success with
12. Categories
13. Recent Posts
14. Best Links
15. Popular Posts

H2(2)
1. Health Articles
2. Posts navigation

H3(0)
No h3 tag found

H4(0)

No h4 tag found

H5(0)

No h5 tag found

H6(0)

No h6 tag found

KEYWORD ANALYSIS

== Single word keywords ==

SINGLE KEYWORDS	OCCURRENCES	DENSITY	POSSIBLE SPAM
ultrasound	26	0.549 %	No
suite	20	0.422 %	No
service	19	0.401 %	No
services	15	0.317 %	No
people	14	0.295 %	No
make	13	0.274 %	No
VoIP	12	0.253 %	No
hire	12	0.253 %	No
find	11	0.232 %	No
ensure	11	0.232 %	No
exercising	11	0.232 %	No
phones	10	0.211 %	No
admin	10	0.211 %	No
provider	10	0.211 %	No
Posted	10	0.211 %	No
means	9	0.19 %	No
sonographer	9	0.19 %	No
training	9	0.19 %	No
company	8	0.169 %	No

SINGLE KEYWORDS	OCCURRENCES	DENSITY	POSSIBLE SPAM
baby	8	0.169 %	No

== Two words keywords ==			
2 WORD PHRASES	**OCCURRENCES**	**DENSITY**	**POSSIBLE SPAM**
that you	27	0.57 %	No
of the	24	0.507 %	No
need to	22	0.464 %	No
3D ultrasound	21	0.443 %	No
ultrasound suite	20	0.422 %	No
you will	19	0.401 %	No
in the	15	0.317 %	No
as well	15	0.317 %	No
well as	15	0.317 %	No
and also	14	0.295 %	No
on the	14	0.295 %	No
you are	13	0.274 %	No
for the	12	0.253 %	No
the best	12	0.253 %	No
There are	11	0.232 %	No
for you	11	0.232 %	No
you need	11	0.232 %	No
2021 admin	10	0.211 %	No
This is	10	0.211 %	No
Posted in	10	0.211 %	No

== Three words keywords ==			
3 WORD PHRASES	**OCCURRENCES**	**DENSITY**	**POSSIBLE SPAM**
3D ultrasound suite	20	0.422 %	No
as well as	15	0.317 %	No
you need to	8	0.169 %	No
a 3D ultrasound	7	0.148 %	No
be able to	6	0.127 %	No

3 WORD PHRASES	OCCURRENCES	DENSITY	POSSIBLE SPAM
You need to	6	0.127 %	No
the 3D ultrasound	6	0.127 %	No
to ensure that	6	0.127 %	No
some of the	5	0.106 %	No
February 23 2021	5	0.106 %	No
23 2021 admin	5	0.106 %	No
that you will	5	0.106 %	No
kayaks for sale	5	0.106 %	No
for sale services	5	0.106 %	No
this will help	4	0.084 %	No
of the 3D	4	0.084 %	No
you want to	4	0.084 %	No
how physically fit	4	0.084 %	No
physically fit you	4	0.084 %	No
This means that	4	0.084 %	No

== *Four words keywords* ==

4 WORD PHRASES	OCCURRENCES	DENSITY	POSSIBLE SPAM
a 3D ultrasound suite	7	0.148 %	No
February 23 2021 admin	5	0.106 %	No
kayaks for sale services	5	0.106 %	No
the 3D ultrasound suite	5	0.106 %	No
physically fit you are	4	0.084 %	No
3D ultrasound suite that	4	0.084 %	No
how physically fit you	4	0.084 %	No
of the 3D ultrasound	4	0.084 %	No
Most Unanswered Questions about	3	0.063 %	No
Lessons Learned from Years	3	0.063 %	No
Learned from Years with	3	0.063 %	No
3D ultrasound suite The	3	0.063 %	No
have the ability to	3	0.063 %	No
Essential Laws of Explained	3	0.063 %	No
The Essential Laws of	3	0.063 %	No

4 WORD PHRASES	OCCURRENCES	DENSITY	POSSIBLE SPAM
that you find a	3	0.063 %	No
February 3 2021 admin	3	0.063 %	No
when it comes to	3	0.063 %	No
to ensure that you	3	0.063 %	No
hire a 3D ultrasound	3	0.063 %	No

Alexa Information - sriyogi.com

General information

Domain name : sriyogi.com	**Global Rank :** No data
Daily Time on Site : No data	**Search Traffic :** No data
Bounce Rate : No data	**Total sites link in :** 166

Top 5 similar sites by audience overlap

Sl	Similar sites	Overlap score
No data found!		

Top 5 keywords by traffic

Keywords	Search Traffic	Share of voice
No data found!		

Top 4 keyword gaps

Keywords driving traffic to competitors, but not to this site	Avg. traffic to competitors	Search popularity
No data found!		

Top 4 easy-to-rank keywords

Popular keywords within this site`s competitive power	Relevance to this site	Search popularity
No data found!		

Top 4 buyer keywords		
Keywords that show a high purchase intent	Avg. traffic to competitors	Organic competition
No data found!		

Top 4 optimization opportunities		
Very popular keywords already driving some traffic to this site	Search popularity	Organic share of voice
No data found!		

Top 5 referral sites	
Sites by how many other sites drive traffic to them	Referral sites
No data found!	

Site flow	
Visited just before & right after domain	Visited just before & right after domain percentage
No data found!	

Top 5 audience overlap		
Similar sites to this site	Site's overlap score	Alexa rank
No data found!		

Top 3 audience geography	
Visitors by country	Visitors by country percentage
No data found!	